



# St. Monica's Senior Living

*You are the heart of our home.®*

ISSUE NO. 12  
WINTER  
DEC. 2024



THE  
**Community**  
MONITOR





# DR. POTHEN'S NEW PHYSICIAN ASSISTANT

We are pleased to announce the addition of Rebecca Nickels, PA-C, to our medical team at St. Monica's, where she will be collaborating with our esteemed visiting physician, Dr. Pothen. Rebecca earned her Master of Physician Assistant Studies and Bachelor of Biomedical Sciences from Marquette University, bringing with her a comprehensive background in both emergency medicine and urology.



Rebecca is committed to delivering exceptional patient care, treating everyone with the same compassion and attention she would extend to her own family. Her extensive experience and dedication to patient well-being will undoubtedly enhance the level of care we provide at St. Monica's. Please join us in warmly welcoming, Rebecca Nickels to our team.



## A SPECIAL NOTE FROM STEPHANY

Dear Community Members and Staff,

As the holiday season approaches, I wanted to take a moment to extend my warmest wishes to each one of you. Christmas is a time for joy, reflection, and togetherness, and I am grateful to share this special time with such a wonderful community.

To our dedicated staff, your hard work and compassion do not go unnoticed. Your commitment to providing exceptional care and creating a warm, welcoming environment is truly inspiring. Thank you for your tireless efforts and for making this place feel like home.

To our dear community members, you are the heart and soul of our community. Your stories, wisdom, and laughter bring light to our days. It is a privilege to share in your lives and to celebrate this festive season with you. May your holidays be filled with peace, love, and happiness.

Let us all take this time to cherish the moments we have together, to create new memories, and to spread kindness and joy. Whether we are decorating the halls, sharing a meal, or simply enjoying each other's company, let us remember the true spirit of Christmas.

Wishing you all a Merry Christmas and a Happy New Year!

Warm regards,  
Stephany Lichter  
Administrator

# Core Value Award



**Bernice Wikstrom**

(Health Care Coordinator)

**Commitment:** Dedicated to the success, values & ideals of St. Monica's. Bernice has been at St. Monica's for 25 years. She is very proactive and efficient in everything she does.

**How long have you worked for St. Monica's?**

"I have worked here 25 years on and off."

**What do you like to do in your spare time?**

"I enjoy doing word puzzles, reading, shopping, eating out and spending time with my wonderful family."

**What do you like most about working at St. Monica's?**

"I love the environment and the community members. I miss them when I'm not here."

**What are some things on your bucket list?**

"My bucket list is completed, I'm just enjoying life. I'm lucky to have everything the way it is."

## Community Member of the Month

**Family:** I have 1 boy and 1 girl, I also have 1 grandchild.

**Early Years & Hobbies:** I'm a Racine native. I love to play sheephead, bingo, and poker. I enjoy reading mysteries. I'm fairly new to St. Monica's and love the activities, the friends I made, and the staff here are just wonderful.

**Former Career:** I worked at St. Luke's, which now is known as Ascension, as a Customer Service Assistant and a Receptionist for 29 years. Since retirement, I've continued volunteering, to this day. I knit baby hats for the hospital.

**Fondest Memory:** "My children being born and watching them grow up. I'm so proud of them."



**Nancy Larsen**



# What's Happening?

## 12 Days of Christmas!



Saturday 14th - 2:00 pm Family Christmas Bingo w/ Kelly & Family  
Sunday 15th - 1:00 pm Christmas Craft  
Monday 16th - 6:00 pm Racine Kiwanis Symphony  
Tuesday 17th - 2:30 pm Christmas Cookie Baking  
Wednesday 18th - Ugly Sweater Day  
Thursday 19th - 10:00 am Performance by Catherine & Charlie  
Friday 20th - A very Merry Christmas Happy Hour  
Saturday 21st - 1:30 pm Brandon performs a Christmas Special  
Sunday 22nd - 1:00 pm Christmas Sing Along & Hot Cocoa  
Monday 23rd - 2:30 pm Christmas Games  
Tuesday 24th - 1:00 pm Festive \$1 Bingo  
Wednesday 25th - 1:00 pm Movie - "Miracle on 34th Street"

### Charlie & Catherine

On Thursday, December 19th, Charlie and Catherine are returning for a special musical performance for everyone in the Chapel at 10:30 am.

### Baking Club

Join us for baking clubs this month, we will be stirring up some sweet recipes! Check the calendar for details.

### Jellystone Park Christmas Light Tour

This bus ride will take you through the wonderful Christmas lights at Jellystone Park. Sign up in front.



## FAMILY CHRISTMAS PARTY

Please join us for a special Family Christmas Party on Thursday, **December 19th at 6:00 pm in the Party Room**. We will have a hot cocoa bar, fresh baked cookies, and a fun family photo booth. Hope to see you there!



## Special Bingo with Kelly

Please join us with your family members on Saturday, **December 14th at 2:00 pm** for a special bingo with Kelly from Arise PT and her family. Fun prizes and desserts will be provided. Come join us for a Jolly ol' time!







# OAK LANE NEWSLETTER



HAPPY  
HOLIDAYS  
FROM  
OAKLANE!





# Know Your Rights

*"Right to be free from all chemical restraints."*



## December Birthdays

Ciara Scott 3rd (S)  
Martha Krimmer 7th (CM)  
Mary Marquie 9th (CM)  
Barb Tracy 13th (CM)  
Carol Leicht 19th (S)  
Jack Lichter 20th (S)  
Nicole Overstreet 24th (S)  
Mary Jacobs 25th (CM)  
Debra Monroe 27th (S)  
Tiffany Conhartowski 29th (S)  
Ross Gietzel 30th (S)

## Christmas Word Search



Santa	stocking	carols	bauble
sleigh	tree	wreath	snowman
reindeer	star	presents	elf



## Staff Anniversaries

Ross Gietzel 7 years  
Laura Maldonado 6 years  
Sharon Mellberg 6 years  
Jennifer Owens 4 years  
Sr. Pushpa 2 years  
Vandity Claybrooks 1 year



## Useful Information

Website: [www.stmonicasseniorliving.com](http://www.stmonicasseniorliving.com)  
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