

Special Events this month

Voting Day: Monday, February 3rd, at 11:30am, in the café area.

Reflections Diner: Tuesday, February 4th, at 11:00am, please bring your own money.

Happy Hour with Ken: Friday, February 7th, 2:30pm in the party room.

Fall Prevention Speaker: Monday, February 10th, 10:30am in the party room.

Movie Outing: Tuesday, February 11th at 9:30am. \$5.00 buys a popcorn and movie, what a great deal.

Accordion Music: Wednesday, February 12th at 2:30pm in the lower atrium.

Valentines Party & Happy Hour: Friday, February 14nd at 2:30pm. Charlie will be here to entertain us in style for this fun occasion, in the party room.

Foot Doctor: Monday, February 17th at 9:00am in the hair salon.

Wal-Mart Shopping: Tuesday, February 18th at 10:00am. Please bring you own spending money.

Black History Month: Wednesday, February 19th. Special lunch at 11:00am in the party room. Cost is \$5:00 for staff, free for community members.

Sheepshead Tournament: Saturday, February 22nd at noon. \$15.00 entrance fee, lunch is \$5.00, party room

Tricky Dog Show: Sunday, February 23rd at 2:00pm. Come and enjoy these great dogs and their tricks in the party room.

Useful Information



Web page www.stmonicasseniorliving.com



262-639-5050



Like us on Facebook, see what our upcoming events are, and view our latest pictures.



Tweet with us at [Twitter.com/stmonica](https://twitter.com/stmonica)



Call 262-321-7138 to receive a copy of our Newsletter electronically

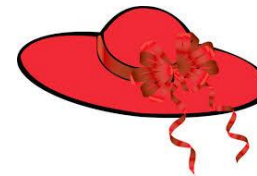
Administrator:
Loretta Baxter RN, MBA



What's New:



We are pleased to announce our fitness room is being refurbished and outfitted with new fitness equipment that will benefit our community members. We raised enough money through grant writing and our golf outing fundraiser to support this project.



Our Red Hat Society is back by popular demand. We have gorgeous red hats and are ready to get this social group launched. Activities will be discussed at the charter meeting. Please join us on Wednesday, February 12 at 1pm in the party room.



Kelly Bardosy, a Physical Therapist, who visits St. Monica's from Ascension frequently is going to speak on fall prevention at our information meeting on Monday, February 10th at 10:30 in the party room. Family members are welcome to join us.

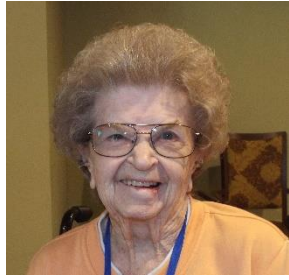


Sometimes we are asked by family members to store bulky items of furniture, such as mattresses, beds and chairs, in our storage area. **This arrangement is not meant to be long term.** We are asking community members and their families to please remove these items as soon as possible. If you no longer want these items, please contact Joanie and she can help you with agencies that will come and take them. We are asking that these items are claimed by April 15th.



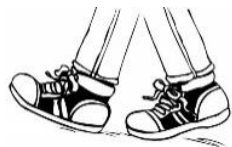
A **Men's Club** is being formed based on requests by our community members. We are listening to your ideas and will design this group around your suggestions. The first meeting will be held Thursday, February 6th at 2:15 in the card room.

St. Monica's Newest Community Member



Grace Manchester, room 46, has come from Killarney Kourt to make her home with us. Grace was born and raised in Racine, and has good memories of her childhood visits to her grandparents' farm in Rochester. She graduated from Park High School and went on to continue her education at the University of Illinois. She returned to Racine when the man who was to become her husband returned from the war and they were married. Together they raised three sons, Gary who lives in Racine, Dave who lives in Colgate, and Tom who lives in Mazomanie. Grace also has nine grandchildren and nine great grandchildren. When her youngest son was fourteen, Grace went to work in the office at Veenstra Lumber where she worked on the computer. She and her husband enjoyed traveling, in fact they enjoyed traveling to Hawaii so much they went there seventeen times! In her spare time Grace used to golf and knit, and plans to join the knitting group here. She has made many quilts in her lifetime. She is a member of First United Methodist Church. Welcome to St. Monica's, Grace!

St. Monica's Walking Club



Many of you take great walks around the building, you were our inspiration for our new walking club which will start this February.

Religious Services

Catholic

Mass @ 8:30am every weekday morning

Saturday no Mass, Sunday Mass at 4:00pm

Ash Wednesday is February 26th, during Mass.

Other Services:

1st Thursday – Rev. Stephens, Lutheran Church of the Redeemer ELCA: 10:30 a.m.

2nd Thursday – George Kafer, Christ Church: 10:30 a.m.

3rd Thursday – Chaplain Terry: 10:30 a.m.

4th Thursday – Don Francis, North Point United Methodist: 10:30 a.m.

5th Thursday – Chaplain Terry: 10:30 a.m.



Valentine's Day



Our good friend Charlie and his piano skill will be entertaining us in style for our Valentine Party. We will be crowning our King and Queen at this festive affair. Nominations can be submitted any time before the party date. (No, you don't have to be married). See Shannon with your entries.

Caught you caring



Tammy Bezotte was caught making a new community member feel very much at home. She took the time to introduce herself and explained the nursing and caregiving that St. Monica's offers in a kind and understanding tone. Tammy saw this community member was not comfortable and was nervous so she took the time to show her around a bit and speak with her. Tammy has been with St. Monica's for one year. In her spare time she cares for her son and two cats. She also likes to drive her Model A car shows. She is an active boy scout's leader, loves to camp and be outdoors with her family.

Congratulations to Tammy!

Winter Safety Tips



Walk like a penguin when walking on ice. Here are some helpful hints to maintain your balance when walking on ice. Bend your back slightly and point your feet out. Stay flat footed and shuffle your feet. Lastly, keep your arms out to your sides to help with your balance.

Caring Moments...



Taking the time to go on outings with our community members is a wonderful, generous way to share. We could not offer many of our outings without volunteers sharing their time with us. These outings make outstanding memories for all of us. If you would like more information please contact Shannon or Joan at 321-7138.

St. Monica's Newest Community Member



Barbara Heinicka, room 60, is happy to be called Barb. She has come to St. Monica's from Sunny Florida where she lived in her own condo on the Gulf of Mexico in

Pinellas Park, which is between Tampa and St. Petersburg. She says she loved the warm days in Florida and is glad she doesn't have to go outside much here in wintery Racine. Barb was born and raised in Kenosha and graduated from Kenosha High School. She went on to Kenosha Technical College (now known as Gateway) and graduated as a licensed practical nurse. She was employed at Kenosha Memorial Hospital on the post surgical unit until she started her family, at which time she became a stay at home mom. Barb has two sons, one who lives in Colorado and another who lives in Pennsylvania. She is widowed and a member of the Lutheran faith. Barb says she met her husband on a blind double date, set up for her and her roommate by a nurse they worked with. Amazingly, both she and her roommate ended up marrying the man they met on that blind date. And now she and that roommate are close friends, both living here at St. Monica's. Barb's favorite activity is long distance walking, and she also enjoys watching tv, doing puzzles, and reading. She has already found our morning exercise group and expects to get involved in more activities as she gets acquainted. Welcome to St. Monica's, Barb!

February Birthdays! Community Members

Bob Beasy 2/6
Don Jenders 2/12
Joan Moebius 2/16
Evelyn Imhoff 2/19
Joe Holbus 2/22

Staff Members

Kim Neubecker 2/2
Tymeika Bolden 2/5
Brittaney Bertermann 2/7
Marvin Wilson 2/8
Liliana Ventura 2/20
Angelina Gutierrez 2/20
Charisse English 2/20
Loretta Baxter 2/22

Staff Anniversaries

Earnestine Cole 2/2011
Debra Mulder 2/2014
Cynthia Hossli 2/2017
Annie Antony 2/2018
Tessy Varghese 2/2018
Angles Barber 2/2019
Susan Croak 2/2019
Coretta Collins 2/2019



Remember, it's cold and flu season. Please, please cover your coughs and sneezes. It is very important to wash your hands several times a day, especially before and after each event and meal. Let the nurses know if you don't feel well, and let them know your symptoms too.

Visitors – if you don't feel well, and you need to be in the building, please put on a face mask and sanitize when you enter the building and several times while you're visiting. Thank you.








Our shining star this month is Doris Zimmerman

Doris has been with us for four years now and was employed by Zahn's Department Store, the Racine Unified School District, Porters of Racine, Christensen and Lee Insurance and Lincoln Lutheran, retiring in 1995. She served 9,700 hours volunteering at the St. Luke's Hospital Gift Shop. Doris is a member of Faithbridge United Methodist Church.

Doris has five grandchildren and four great-grandchildren. Her daughter Carol visits her frequently. The one place you are sure to find Doris is the party room where bingo is played. Doris is a bingo enthusiast and rarely misses a game. She also is a huge Packers fan, and had season tickets for many years. Doris enjoys a good conversation, and is very friendly.

St. Monica's Newest Community Member

Joy Boyce, room 83, came from her home here in Racine to be part of our community. Joy and her husband have been happily married for 47 years and have three daughters, two of whom live in Union Grove, and the other lives in Cincinnati. They have eight grandchildren. She is a member of the Fellowship Baptist Church and her Christian faith is very important to her. Joy was born and raised in Ohio and graduated from college in Georgia with a degree in education. Following college she was a secretary for Hobart Manufacturing in Ohio until she started her family. She then became a stay at home mom. Joy and her husband moved to Racine in 2001. After moving here she worked at St. Paul Baptist Church Day Care Center until her retirement. In her leisure time, she enjoys interior decorating, sewing, and particularly likes listening to piano music. Welcome to St. Monica's, Joy!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily 8:30 Mass 9:00 Coffee 10:30 General Store 4:00 Rosary 6:00 Cards	Anytime Activities Dakim Computer Puzzle Making Libraries Internet Music					1 9:30 Exercise 10:30 Shut Box 1:00 Bingo with Colleen 2:30 Word Games 4:00 Fatima Rosary 6:00 Movie and Snack
2 Super Bowl Sunday 8:30 Rosary 10:00 Balloon Blast 1:00 Snack Making 2:30 Football Trivia 4:00 Mass 5:30 Super Bowl 	3 Voting Day 9:30 Exercise 10:30 Pop-Up Stories 10:30 Vets Club 1:00 Poker Club 1:00 Bowling League 2:00 Tunes with Terry 2:30 Prayer Shawl 6:00 Dominos w/ Rojean	4 9:00 Village Take Down 10:30 Basketball Toss 11: Reflections Diner 1:00 Bingo with Judy 2:30 Myrasized 3:15 Puzzle Time with Julie 6:00 I love Lucy	5 9:00 Sheepshead 9:30 Balloon Fun with Diane & Cindy 10:30 Bean Bag Toss 1: Popcorn and Matinee special 3:00 Coloring w/Nina 6:00 Bingo with Kathi	6 9:00 Manicures 10:30 Non-Denominational Church 1:00 Bingo 1:00 Mending w/Mary 2:15 Men's Club 3:00 Chair Yoga w/ Grace 5:45 Game night	7 9:30 Exercise 10:30 Bible Stories with Camille 11:00 Piano/Jana 1:00 Current Events with Martin 2:30 Happy Hour w/ Ken and Friends	8 9:30 Chair Exercise w/ Sharon and friends 10:30 Baking Club 1:00 Walking Crew 2:30 Shut Box 6:00 Western Movie Night 
9 8:30 Rosary 10:00 Stretching with Shari 1:00 SMBTL Bingo 2:30 Art with Sharon 4:00 Mass	10 9:30 Exercise 10:30 Information Meeting w/ Kelly 1:00 Bowling League 1:00 Poker Club 2:15 Nondee Performs 2:30 Prayer Shawl 5:30 Bible Stories w/Paige	11 9:00 Valentine Craft 9:30 Movie Outing 10:30 Kerplunk 1:00 Bingo 2:30 Myrasized 3:30 Reminisce w/Mili 5:45 Games with Friends	12 9:00 Sheepshead 9:30 Balloon Fun 10:30 Book Club Exchange 1:00 Red Hat Society 2:30 Kathi Accordion 6:00 Bingo w/Kathi 	13 9:00 Manicures 10:30 Non-Denominational Church 1:00 Bingo 2:15 Price is Right 3:00 Chair Yoga/Grace 5:45 Remember when with Helen	14 Valentine's Day 9:00 Bake Sale 9:30 Exercise 10:30 Love Stories 11:00 Piano/Jana 1: Sing along w/Laverne 2:30 Valentines Party & Happy Hour with Charlie 	15 9:30 Exercise 10:00 Current Events & coffee 1:00 Bob & Mary Bingo 2:30 Chicken Soup Stories with Dan 6:00 Dean Martin Celebrity Roast Show
16 8:30 Rosary 10:00 Kick Ball 1:00 Trivia Knowledge 2:00 Baking club 4:00 Mass	17 Foot Doctor 9:30 Exercise 10:30 Faith Share 1:00 Bowling League 1:00 Poker Club 2:30 Prayer Shawl 2:30 Fresh Popcorn Social 5:30 Bible Stories w/Paige	18 9:00 Painting club 10:00 Wal-Mart Shopping 10:30 Remember When 1:00 Bingo 2:30 Hand Massages with Camille 2:30 Myrasized 	19 Black History Month 9:00 Sheepshead 9:30 Balloon Fun 10:45 Trivia Hour 11: Soul Food Luncheon 1:00 Praise Dancing 3:00 MLK Film 6:00 Bingo w/Kathi	20 9:00 Manicures 10:30 Non-Denominational Church 1:00 Bingo 3:00 Chair Yoga/Grace 5:30 Game Night	21 9:30 Exercise 10:30 Bible Stories 11:00 Piano/Jana 1: Current Events 2:30 Happy Hour Fun	22 9:30 Exercise 10:30 Name 5 Game 12: Sheepshead Tournament 1:00 Jan T Performs 2:30 Uno Card Games 6:00 Movie and Snack Time 
23 8:30 Rosary 10:00 Bean Bag Toss 1:15 Word Games 2:00 Tricky Dog Show 4:00 Mass 	24 9:30 Exercise 10:30 Faith Share 1:00 Putting 2:30 Prayer Shawl 2:30 Stories w/ Jessie 3:00 Poker Club 5:30 Bible Stories w/Paige	25 9:00 Memory in the Making Painting 10:30 Remember When 1:00 Bingo 2:30 Salvation Army & popcorn 3:15 Fat Tuesday Fun	26 Ash Wednesday 9:00 Sheepshead 9:30 Balloon Fun 10:30 Kerplunk 1:00 Birthday Bingo 2:30 Charlie Performs 6:00 Bingo w/Kathi 	27 9:00 Manicures 10:30 Non-Denominational Church 1:00 Bingo 3:00 Chair Yoga/Grace 5:30 Game Night	28 9:30 Exercise 10:30 Bible Stories 11:00 Piano/Jana 1: Current Events 2:30 Bill performs & Happy Hour	29 9:30 Exercise 10:30 Craft club 1:00 Kerplunk 2:30 Visit with Friends 5:30 Movie Night