



# St. Monica's Senior Living

*You are the heart of our home.®*

ISSUE NO. 2

WINTER

FEB. 2026



# THE Community MONITOR



# SPECIAL MASS SCHEDULE FOR LENT

Lent is a season of reflection, renewal, and spiritual growth observed by many in our senior living community. Beginning on Ash Wednesday and leading up to Easter, this time encourages individuals to slow down and focus on prayer, gratitude, and personal reflection. For many seniors, Lent offers a familiar and comforting rhythm that invites peaceful moments of thought and connection.

Throughout the season, community members may choose to observe Lent in different ways, such as attending services, spending time in quiet reflection, journaling, or sharing meaningful conversations with friends and family. Lent also emphasizes compassion, kindness, and giving—values that help strengthen our community and deepen our sense of purpose. Whether through faith traditions or personal reflection, Lent provides an opportunity to nurture the spirit and find renewed meaning in everyday life.



**Ash Wednesday Mass will be on  
February 18<sup>th</sup> at 8:30 am.  
Stations of the Cross will be on  
Wednesday's at 8:30 am and  
Adoration will be the 1<sup>st</sup> and the  
3<sup>rd</sup> Friday at 3:00 pm**

## LET'S KEEP MOVING!

Staying active is essential because it helps maintain strength, balance, and independence as we age. Regular physical activity can reduce the risk of falls, improve heart health, and ease joint stiffness, making everyday tasks easier and safer. Beyond the physical benefits, staying active also supports mental well-being by boosting mood, reducing stress, and keeping the mind sharp. Even gentle activities like walking, stretching, or light strength exercises can make a meaningful difference in overall quality of life for everyone.

**Kelly has her exercise classes on Monday's & Wednesday's at 9:45 am in the Party Room. Shannon K. leads chair yoga on Friday's at 10:30 am in the Game Room. See you there!**





# Core Value Award



**Jose Barreto**  
(Maintenance Dept.)

**Teamwork:** Jose goes above and beyond to help and support staff and community members.

**How long have you worked at St. Monica's?**

"I have worked at St. Monica's for 12 years."

**What do you like to do in your spare time?**

"I like to go out with my family in the summer. We go to the Zoo, the Wisconsin Dells, and Door County. I'm always spending time with my grandchildren."

**What do you like most about working at St. Monica's?**

"I really love working at St. Monica's. My boss teaches me new things all the time and I love helping the community members."

**What are some things on your bucket list?**

"Life tends to feel like there's always something left to do. I'm very satisfied with my children's accomplishments and the blessings I've received in life."

## Community Members of the Month

**Family:** We have 5 children, 3 girls and 2 boys.

**Early Years & Hobbies:** "One of our hobbies was camping with our children. We were both very active with the Boy Scouts and Girl Scouts. Howard was awarded the Silver Beaver Award for best organizer. We both were very active in the Catholic Church and the church choirs."

**Former Career:** "Faith worked as a teacher at many different schools teaching Kindergarten through 8th grade. She really enjoyed teaching. Then later became a stay at home mother and also fostered 22 babies in 3 - 4 years, all of our children helped out. Howard worked in engineering and ended up in sales, selling hydraulic components. In the late 1980's, we both became 3rd Order Franciscans."

**Fondest Memory:** "We really enjoy family gatherings and loved to travel to northern Minnesota to go canoeing by the Canadian border."



**Faith & Howard  
Wirtz**



# What's Happening?



## Black History Month



Come and join the Life Engagement team for some fun this month! Throughout the month of February we will be hosting several activities in order to celebrate Black History Month. We will be doing trivia games and watching documentaries. Get Your trivia sheets from the front desk!



### Chinese New Year!

#### *Year of the Horse 2026: The Meaning Behind it & 5 Ways to Use Its Energy*

The Year of the Fire Horse in 2026 is a year of intense, fast-paced, action-oriented energy. It is associated with the element of fire, which intensifies the already vibrant nature of the Horse and brings more heat to everything it touches. Experts advise to balance its impulsiveness with mindfulness, fact-checking, and self-awareness.



**There will be a special Happy Hour on Friday, February 27<sup>th</sup> at 2:30 pm!**

### Special Outings this Month (sign up only)

- Target: Friday, Feb. 13th at 9:30 am
- Dollar Tree: Friday, Feb. 20th at 9:30 am
- Douglas Diner: Friday, February 27th at 11:00 am

Please Sign up for outings at the front desk. Thank you!



### Valentine's Day Dance

Please join us on Friday, February 13th at 2:30 pm for a special Valentine's Day Dance with Jack Miuccio. We will be serving tasty treats and Shirley Temple drinks. Hope to see you there!

### Mardi Gras Party

On *Fat Tuesday*, February 17<sup>th</sup> at 2:30 pm, there will be a special performance by Brandon Covelli and treats will be served.





# OAK LANE NEWSLETTER



## A Sweet Walk Down Memory Lane



Al + Carol

"We've been married 68 years. He's been a wonderful husband."



Carolyn

"We drove in my convertible car to Charleston, South Carolina for our Honeymoon."



Diane

"I remember, I went to Milwaukee with my mom and I got my wedding dress for 98 dollars."



Lea

"When I moved here from Finland, he was my next door neighbor and we fell in love. We were married for 56 years."



# Know Your Rights


Right to participate in the planning of care and treatment, be fully informed of care and treatment options, and have the right to refuse any form of care or treatment unless the care or treatment has been ordered by a court.

## February Birthdays



Kim Neubecker 2<sup>nd</sup> (S)  
Lyndie Johnson 4<sup>th</sup> (S)  
Marvin Wilson 8<sup>th</sup> (S)  
Mary Ann Kaplan 10<sup>th</sup> (CM)  
James Poulsen 10<sup>th</sup> (CM)  
Faith Wirtz 11<sup>th</sup> (CM)  
Frank Krescanko 14<sup>th</sup> (CM)  
Latonya Cox 14<sup>th</sup> (S)  
Amelia Maldonado 14<sup>th</sup> (S)  
Diane Hagemann 16<sup>th</sup> (CM)  
Mark Nielsen 16<sup>th</sup> (CM)  
Sebastian Figueroa-Iglesias 16<sup>th</sup> (S)  
Frank Randall 17<sup>th</sup> (CM)  
Diane Margosian 18<sup>th</sup> (CM)  
Shirley Schlichting 18<sup>th</sup> (CM)  
Charisse English 20<sup>th</sup> (S)  
Liliana Samarin 20<sup>th</sup> (S)  
Vanessa Medrano 21<sup>st</sup> (S)  
Dorothy Johnson 23<sup>rd</sup> (CM)  
Joan Kelemen 23<sup>rd</sup> (CM)  
Sehnia Gray 23<sup>rd</sup> (S)  
Janice Monfeli 27<sup>th</sup> (CM)  
Sara Neubauer 27<sup>th</sup> (CM)  
Aisha Liggins 28<sup>th</sup> (S)  
Community Member (CM) Staff (S)

## Staff Anniversaries



Debra Mulder 12 years  
Sr. Vineeta 8 years  
Debra Monroe 6 years  
Christine Jacobs 6 years  
Nancy Venegas 5 years  
Pamela Hargrove 4 years  
Marina Vasquez 3 years  
Sushama George 2 years  
Alexis Aiello 1 year

# Valentines Day Word Search



Q O H L O I E N V B L M O J N  
G A X A L S C H E A R T S S H  
I C H O C O L A T E C K D N G  
F N L M K S R L Z I A W S X S  
T H O D F W V G O F R C C Z K  
S O X J T E R A X V D S A R H  
V L S G G E H F L Z E R N T Y  
V I O H M T D L M E J C D H B  
R D R M H H A O D W N J Y F A  
O A C Y U E T W P Y V T D K P  
M Y P P G A E E Q W O T I P N  
A R O Y C R F R I E N D S N Q  
N F O E N T X S X C U P I D E  
C Z K I S S X E W K Z J P G J  
E O U Z A K A V Y C B S X K T

Friends

Flowers

Gifts

Hearts

Kiss

Candy

Card

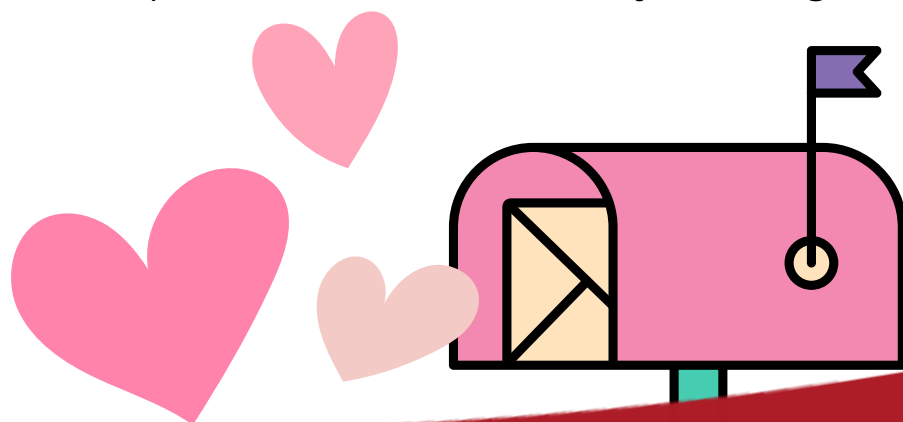
Love

Cupid

Date

Holiday

Hug



## Useful Information

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Twitter: @stmonicasliving

Subscribe: [info@stmonicasseniorliving.com](mailto:info@stmonicasseniorliving.com)

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