About St. Monica's

St. Monica's Senior Living is an award winning, nonprofit Assisted Living and Memory Care facility with strong roots in the Racine community for the past 49 years. It was founded by The Sisters of St. Rita and is managed by a local, volunteer Board of Directors. St. Monica's has been titled as Best Senior Community in Racine County for the past 4 years and is home to over 100 residents and employs over 120 workforce heroes who are dedicated to treating every resident like family.

Coming in 2020/2021:

8th Annual Golf Outing Game Room Addition 50th Anniversary and more!

A Prayer: FOR OUR BENEFACTORS

Good and Gracious God,

We thank You for the gift of our family, friends and benefactors. Thank You for their time, talent and providential support which enables us to fulfill the ministry You have entrusted to us. We pray for their personal intentions, knowing that you have a good plan for each of their lives.

For those who are ill, we pray for your healing touch to be upon them; For those who fear, may they come to know that You are greater than all fear because You are Perfect Love; For those who are healthy, peaceful and joyful, we praise You, Lord. Secure them in those graces. Grant, we pray, O Heavenly Father, that all family, friends, and benefactors of St. Monica's will one day behold You, face to face, in Your Heavenly Kingdom.— Amen







Amazing things happen, thanks to YOU!

Community HEARTBEAT

New Fitness Center:

Your support of the 2019 Golf Outing funded the renovation of our Exercise Room into a state-of-the-art Fitness Center where community members can work on strength independently or with the guidance of a physical therapist.



Testimonial from Kelly Bardosy, DPT Ascension at Home

The new Fitness Center at St.

Monica's has completely changed the level of physical therapy and general health and wellness I am able to offer St. Monica's community members.

Recently I received a PT referral for Walter, a community member that requires a lift apparatus to stand and who has been deemed non-

ambulatory. Using our new parallel bars, I was shocked to see Walter was able to stand and walk with minimal assistance. Thanks to the new gym equipment, we now have the ability to progress his physical therapy to make functional gains. When I returned him to his room, the staff was thrilled to hear of the discovery I made in the Fitness Center that day! You would have thought I was escorting Brad Pitt into the building! I'm excited to continue working with

DONOR UPDATE 2019/2020 VOLUME 1 ISSUE 1

OUR MISSION!

In the spirit of our founders, the Sisters of St. Rita, we provide a compassionate, safe, loving family home environment that respects the dignity of all our community members. We strive to meet the physical, emotional, social and spiritual needs of each of our community members and support their families.

amazonsmile

Please support St. Monica's by doing your Amazon shopping on AmazonSmile! A percentage of your purchase will benefit our not-for-profit mission.

https://smile.amazon.com/ ch/39-1137868

(Note: our name appears as "United States Catholic Conference")

continued on page 2

Walter and am confident he will continue to make strides toward functional mobility.

You would have thought I was escorting Brad Pitt into the building! Kelly Bardosy, DPT Ascension at Home



In addition to the PT offered, I frequently have the pleasure of assisting general community members utilizing the NuStep bikes, weights, bands and balance equipment. It's inspiring to see how many community members value the ability to exercise and maintain their strength and independence. Thank you for your generous support and for continuing to enhance the quality of care we provide the community members here at St. Monica's Senior Living.



LET'S GO FOR A RIDE! Exploring 42 acres just got easier.

Funded by our 2019 Golf Outing Article by Shannon Perez, Director of Life Engagement

It's an honor for me to take the community members on a golf cart ride as it always turns into an opportunity to

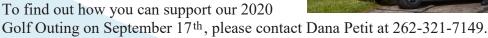
hear stories from the past. They reminisce about their fond childhood memories of the Root River. We also get to see wildlife including deer, geese, and turkey. Going for a ride in the new golf cart becomes our little getaway together. Here are some of the things I have heard them say:

"I'm in a wheelchair I didn't think I could get in the golf cart, but I did! It was so great to see what's back there. We went way out and even saw the river." – Rojean "We pass right into God's nature and the real beauty of things." – Glen

"I feel like a kid again! It's so much fun. I really enjoy it." - Barb

"It's such a cool breeze and it's just nice to get out and away for a bit." - Delores

"I just moved in not too long ago. I hopped on the golf cart one day and didn't realize how nice and beautiful this place is." - Mary Lou





masks, tray tables, staff meals, oh my! **Overwhelming Donations**

2020 has been a challenging year for so many due to the arrival of Covid-19. You showed us unwavering support in our time of need and we are eternally grateful.

In March we called out for help in anticipation of a face mask shortage. Wow, did you answer the call! Hundreds of cloth masks showed up at our front door as staff and community members adjusted to our new daily attire. By May, we asked all community members to stay in their rooms for meals and found that many didn't have a table to eat on. We sent out another

call for folding tray tables. Our lobby was soon full and more than 80 community members were now able to eat comfortably and safely in their rooms. We continued our fight to keep our community members safe and were humbled to hear the title "hero" when it came to describing our staff members. You showed us love, in the form of food,



as meals began arriving to feed our troops. The support we received was overwhelming and we are eternally grateful to you.

Holiday Fundraiser:

November / December 2019

The Carbonneau-Steilen Fund was created to help community members transition to state aid when funds have been exhausted. You answered the call to support this fund and here is one of the lives you touched.

I would like to extend my sincere gratitude to the generous, donors who have chosen to support St. Monica's. You have given to provide where it was needed.

I am the power of attorney for Hilda Madahgian, who has been a dear, sweet friend for many years. After her husband passed suddenly in 2017, I had the responsibility to find a safe, caring & loving place for Hilda to reside. St. Monica's was the place I chose.

Time passed and Hilda was now residing in the new Memory Care Wing and no longer able to be involved in decisions that needed to be made. When Hilda's funds were very close to being exhausted, I met with Administrator, Loretta Baxter, to discuss the options

that were available. At the time, state support was not approved in the Memory Care, but I proceeded with the application. While I was navigating the application process for Community Care (state aid), Ms. Baxter

advocated on Hilda's behalf and funds were provided through generous donors to cover the cost of Hilda's care which allowed her to remain safely living in the St. Monica's Memory Care.

I don't have words to express how blessed I was to have someone so willing to help. Please know that your kindness is touching lives in a very real way. Thank you for being there when Hilda needed

With a grateful heart, Gloria Miller

We gratefully acknowledge the following individuals for their generosity during our 2019 Holiday Fundraiser:

Matthew L. & Rita Andis Susan Balcerek Mary Jane Baumgardt Jannine Bever Tom & Sharon Bissonnette Carolyn Bongo Praninsky Tim Cargill Rose Christensen Marlyce Christianson Dolores & Thomas Clazmer Ann Colbert Timothy & Jeanne Crawford Carol Derga Roger DeRose Joseph & Sandy Domanik David & Ellen Easley Jerry Fredericks Paula & Clifton Ganvard Mark & Lorrita Gorman Dennis & Jane Hardy Robert Hartwick Health Care Network Dave & Jill Heller

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Andrew Gillies Julie Ohlert George & Connie

St. Monica's Expresses Gratitude to the Following Donors for Gifts Received: Aug. 2019 - Aug. 2020



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Barbara Paczosa

Please note: Some photos included in this publication were taken prior to distancing and daily face mask use.

or visit our website at www.stmonicasseniorliving.com

To find out more ways you can support St. Monica's

please contact Dana Petit at 262.321.7149