






Menu for the Week January 10-16, 2020 Menu Subject to Change

SUNDAY January 10	MONDAY January 11	TUESDAY January 12	WEDNESDAY January 13	THURSDAY January 14	FRIDAY January 15	SATURDAY January 16
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Juice/ Cereal/ Toast Creamed Eggs over Toast 	Juice/ Cereal/ Toast French Toast Sticks w/ Syrup Sausage Patty	Juice/ Cereal/ Toast Fried Eggs Corned Beef Hash Bacon Slices	Juice/ Cereal/ Toast Poached Eggs Sausage Links Mango Smoothie	Juice/ Cereal/ Toast Waffles with Syrup Bacon Slices Fresh grapes	Juice/ Cereal/ Toast Scrambled Eggs with Cheese and Chives	Juice/ Cereal/ Toast Pancakes Warm Egg Half 
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Spaghetti and Meatballs in sauce Whole Green Beans 1/2 Slice Buttered Bread <u>ALTERNATE</u> Beef Stew	Shrimp Alfredo Fettuccine Steamed Broccoli Garlic Stick Blue Cheese Pear Salad <u>ALTERNATE</u> Salisbury Steak?Gravy	Beef Stir Fry White Rice Wax Beans w/ Red Peppers Egg Rolls  <u>ALTERNATE</u> Pork Loin	Veal with Gravy Parlsied potatoes Diced Carrots Tomatoes in a Vinaigrette <u>ALTERNATE</u> Fried Chicken	Baked Chicken Dumplings Mashed Potatoes w/ Gravy Lemon Cream Cheese Jell-O With Diced Peaches <u>ALTERNATE</u> Vegetable Lasagna	Crab Cake with a Lemon Dill Sauce Sweet Potato and Roasted Vegetables <u>ALTERNATE</u> veal Patty with Gravy	Spanish Rice Brussel Sprouts Dinner Salad Assorted Dressing <u>ALTERNATE</u> Shrimp Alfredo
	ORANGE CAKE		LEMON BARS			
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Tomato Soup Crackers Cowboy Casserole Buttered Biscuit Fresh Cubbed Cantaloupe <u>ALTERNATE</u> Pot Pie 	Split Pea Soup Crackers Chili with Sour Cream and Cheese Warm Cornbread <u>ALTERNATE</u> Chef's Choice	Potato with Ham Soup Pulled Chicken Cheese and Onion Strings Carrot Raisin Salad <u>ALTERNATE</u> Sloppy Joe on a Bun	Cream of Broccoli Crackers Egg Salad Sandwich Three Bean Fresh Honeydew <u>ALTERNATE</u> Bologna Salad	Asparagus Soup Crackers Ham Spread in a Spinach Wrap Waffle Fries <u>ALTERNATE</u> PBJ	Chicken Soup Crackers Cheese Manicotti in a Garlic Cream Sauce Creamy Cucumbers <u>ALTERNATE</u> Chef's Choice 	Vegetable Soup Pork Patty with Bourbon Sauce Assorted Potatoes Coleslaw <u>ALTERNATE</u> Pulled Chicken

Alternate Dessert for Dinner and Supper Ice Cream Cup or Stewed Fruit