

Know Your Rights

As a community member living at St. Monica's you have rights that are protected by the Wisconsin Department of Health and Human Services. This corner will highlight one of your rights each month. The full list was given to you upon moving in to St. Monica's. If you ever feel any of your rights have been violated, please report this to administration as soon as possible. You have the right to the following:

To be treated with dignity and respect

For the latest information on how Covid-19 affects life inside St. Monica's:

Hotline: 262-383-3303

Website:
stmonicasseniorliving.com/coronavirus-updates

A Prayer: **TRADE WORRY FOR REST**

Thank you that your yoke is easy and your burden is light. Thank you that you promise to give the worried, the hurried, the pressured, and the stressed out - rest and peace for our souls - if we'll just come before you. Thank you that you already know all that concerns us, and you care. We're so grateful for your reminder that we don't have to carry it all on our own. Forgive us for the times that we've tried to fix things in our own power, for not taking the time to rest, or coming to you first with our needs and burdens. Thank you for the refreshing that comes from your Spirit, filling us with joy, covering us with a shield, leading us forward with hope. Equip us to be those who take notice of others who seem weary and burdened too. Help us to slow down, to take the time, to point others to you. ~ Debbie McDaniel

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.—
Philippians 4:6 (NIV)



THE community MONITOR

How We Keep You Safe: Social Distancing

By Catherine Harris



Social distancing means keeping space between yourself and other people outside of your immediate family. Here at St. Monica's, this rule would apply to anyone outside of their private room. Limiting face-to-face contact with others is the best way to reduce the spread of Covid-19. To practice social distancing stay at least 6 feet (about 2 arms' length) from other people. Also, please note, windows need to remain closed when visiting with guests. Use your phone for conversation with window between you. If assistance is needed please contact our team at 639-5050 opt 2.

Why practice social distancing? Covid-19 spreads mainly among people who are in close contact (within about 6 feet) for a prolonged period. Spread happens when an infected person coughs, sneezes, or talks, and droplets from their mouth or nose are launched into the air and land in the mouths or noses of people nearby. The droplets can also be inhaled into the lungs. Although the risk of severe illness may be different for everyone, anyone can get and spread COVID-19. Everyone has a role to play in slowing the spread and protecting themselves, their family, and their community.



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THE 4TH OF JULY, Independence Day...

has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and

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Useful Information

Website: www.stmonicasseniorliving.com
Facebook: [@stmonicasseniorliving](https://www.facebook.com/stmonicasseniorliving)
Twitter: [@stmonicasliving](https://twitter.com/stmonicasliving)
Subscribe: info@stmonicasseniorliving.com

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barbecues. The tradition of patriotic celebration became more widespread after the War of 1812, in which the United States again faced Great Britain. Over the years, the political importance of the holiday would decline, but Independence Day remained an important national holiday and a symbol of patriotism.

Did you know?
John Adams believed that July 2nd was the correct date on which to celebrate the birth of American independence, and would reportedly turn down invitations to appear at July 4th events in protest. Adams and Thomas Jefferson both died on July 4, 1826 - the 50th anniversary of the adoption of the Declaration of Independence.

Article adapted from History.com

HERO WITH HEART:

Laura Maldonado

DEPARTMENT/ROLE: *Oak Lane*

Housekeeper, Memory Care

HOW LONG HAVE YOU WORKED FOR

ST. MONICAS? *A year and a half*

TELL US ABOUT YOUR FAMILY: *I'm*

married with 3 kids, 2 boys & a girl, ages 20, 15 & 12 years old. We live here in Racine.

WHERE WERE YOU BORN?

Guadalajara, Mexico

WHAT DO YOU LIKE TO DO IN YOUR SPARE TIME? *I like to clean, take care of my flowers and plants, take care of my family and going for walks with them.*

IF GIVEN THE CHANCE, WHO WOULD YOU LIKE TO BE FOR A DAY AND WHY? *The President of the United States because I would like to affect fair immigration reform.*

PRIOR TO WORKING AT ST. MONICAS, WHAT WAS YOUR MOST INTERESTING/FUN JOB? *My dream job would be to work as a Spanish/English translator.*

WHAT DO YOU LIKE MOST ABOUT WORKING AT ST. MONICAS? *EVERYTHING! Everything is perfect here! I am treated so well as a team member of St. Monica's.*

WHAT ARE SOME THINGS ON YOUR BUCKET LIST? *Travel at least once a year. I want to see the world! See my kids get what they want in life and accomplish their dreams.*



Gardening in Oak Lane

Community Members Living in Memory Care Enjoy Gardening in the Enclosed Courtyard

By Michelle Szczepanski

Since weather and COVID-19 prevented outdoor activity in May, we saved our planting until June. We are enjoying each day of sunshine and are admiring the fruits of our labor while practicing social distancing. Lots of perennials have been added to the landscaping. We admire the tomato and cucumber plants that will be harvested in one month for our famous tomato and cucumber salad! Well into our third year of existence, the Oak Lane landscaping needed some sprucing up. Colorful pots of flowers and ornamental creatures have been placed strategically throughout the patio area. We have been surprised by live creatures of nature visiting very near - deer, turkeys and baby turtles!



Mary Jo Becker, Community Member

GOLF CART RIDES SPUR MEMORIES

By Joan Windis

The focus of our 2019 St. Monica's Golf Outing fundraiser was our new fitness center and golf cart. The golf cart has been long desired and during these pleasant summer days it is being enjoyed almost daily, allowing our community members to tour our beautiful grounds. Our Life Engagement Team has especially enjoyed listening to everyone's memories of summer days, picnicking, and canoeing on the Root River.

Clarence Ivanoski shared a story as he was chauffeured in the golf cart to the west side of our property, which borders the Root River. Armstrong Park is on the far side of the river. This is a private park owned by SC Johnson for the benefit of their employees. Clarence's eyes misted over as he began to describe how during the Great Depression, his father, Peter, was part of the WPA (Work Project Association). Peter was part of a crew that built the pavilion which we can see across the river from St. Monica's property. It has since been renovated but stands as a legacy to the men and women who survived the Great Depression.



June Moments Captured



If you need assistance or would like to set up some time to connect with your loved one please contact Shannon at 262.321.7135 or email at sperez@stmonicasseniorliving.com



Judy Huffman

Featured Community Member

How Many Kids & Grandkids?

1 daughter and 1 son,
3 grandchildren

Early Years & Hobbies:

- Raised horses
- Bred and trained show dogs - Irish setters, won best in show at state championship
- Married her high school sweetheart (almost 50 years of marriage)
- Attended the University of Purdue to be a pharmacist

Former Career:

She worked at Kurth Multing as a research lab technician for 20 years where she helped develop the first woman's condom. From there she worked at SC Johnson in the research and development for 15 years.

Fondest Memory:

"In 1966 we moved to Canada for 3 years and we got to attend the 100th year centennial. That was an amazing experience. My mother was a wonderful mother and also my girl scout leader. Her cooking was great, and she could cook the best turkey. We camped a lot and did lots of bike riding and cross-country skiing as a family."