



Life Enrichment Helper Job Description

Summary: The Life Enrichment Helper assists the Life Enrichment Director and Life Enrichment Assistant Director in providing life enrichment and activities for the community members; specific to the community members' likes and needs. The Life Enrichment Helper will involve the community members by leading and facilitating programs, group and individual based, and holiday activities which will involve some weekends, evenings and holidays.

Qualifications:

- High school graduate or equivalent
- Valid Driver's license
- 2 years equivalent experience working with seniors in an activity role
- Outgoing and energetic personality
- Creative and artistic thinking
- Experienced in computer usage
- Interest in meeting the social needs of the community members
- Physical and emotional capacity, education and experience to respond to the needs of the community member
- Physical demands such as; standing, walking, sitting, bending, climbing stairs, hearing, seeing, kneeling, lifting up to 50 pounds
- Ability to effectively communicate with confidence, clarity, precision, and professionalism

Duties and Responsibilities:

- Assist community members with activities as directed by the Life Enrichment Director and Life Enrichment Assistant Director and in accordance with each community member specific needs and capabilities
- Facilitate and lead activities
- Read mail for community members, if requested by the community member or legal representative
- Assist with chaperoning community members on activities on and off facility grounds
- Offer hydration and nutrition
- Observe community members' conditions and report any significant changes to healthcare professionals
- Assist and/or direct community members to routine recreational activities
- Assist community members display calendars, pictures, cards, or other mementos in the community member room
- Ensure that each community member is comfortable in his or her room
- Help maintain a pleasant and cheerful home environment
- Attend mandatory facility training according to state and federal regulations
- Perform other duties as assigned

Employee Signature _____ Date _____

St. Monica's Representative _____ Date _____