

Menu for the Week September 19 - 25, 2021 Menu Subject to Change

SUNDAY September 19	MONDAY September 20	TUESDAY September 21	WEDNESDAY September 22	THURSDAY September 23	FRIDAY September 24	SATURDAY September 25
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Juice/ Cereal/ Toast Scrambled Eggs with Cheese, Onions & Red Pepper	Juice/ Cereal/ Toast Pancakes with Syrup Sliced Bacon	Juice/ Cereal/ Toast Waffles with Syrup Scrambled Eggs	Juice/ Cereal/ Toast Poached Eggs with Bacon Bits	Juice/ Cereal/ Toast Fried Egg with Maple Sausage Links Fresh Strawberries	Juice/ Cereal/ Toast Sausage in Country Gravy over a Biscuit Warm Egg	Juice/ Cereal/ Toast Western Omelet Hash Brown Patty
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Baked Chicken Mashed Potatoes Garden Vegetables Cranberry Walnut Salad <u>Alternate</u> LASAGNA	Cheese, Sausage Mushroom & Onion Pizza Onion Tangles Italian Salad <u>Alternate</u> CRAB CAKES	Meat Lasagna Parisian Carrots 1/2 Slice of Bread Applesauce <u>Alternate</u> SWEET & SOUR CHICKEN	Augratin Potatoes Ham Mixed Vegetables Cottage Cheese <u>Alternate</u> BEEF TIPS	Pork Chop in Gravy Baked Potato with Sour Cream & Chives Diced Beets Creamy Tomato Salad <u>Alternate</u> MEATLOAF	Butterfly Shrimp White Rice Dilled Peas Lemon Mandarin Orange Jell-O <u>Alternate</u> CHICKEN ALFREDO	Chicken Breast on a Bun Roasted Potatoes & Veg. Buttered Corn Apple Rings <u>Alternate</u> BBQ RIBS
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Minestrone Soup Salami & Monterey Jack Bacon Pasta Salad Pickles <u>Alternate</u> FISH NUGGETS	Cream of Potato Soup Egg Salad Sandwich Chef's Choice Potatoes Fresh Honeydew <u>Alternate</u> PBJ	Beef Barley Soup Grilled Cheese Sandwich Hash Brown Patty Coleslaw <u>Alternate</u> WESTERN EGG BAKE	Farmers Vegetable Soup Mac Casserole Warm Corn Bread Four Bean Salad <u>Alternate</u> POT PIE	French Onion Soup Cobb Salad with Egg, Lettuce, Cheese, Bacon Ranch Dressing Blueberry Muffin <u>Alternate</u> SLOPPY JOE	Calico Bean Soup Texas Spaghetti Parmesan Cheese Carrot Raisin Salad <u>Alternate</u> TURKEY SANDWICH	Tomato Soup Tuna Melt Potato Chips Tropical Fruit Cup <u>Alternate</u> COWBOY CASSEROLE

Alternate Dessert for Dinner and Supper Ice Cream Cup or Stewed Fruit