



We would like to take this opportunity to thank our residents and their families for allowing St. Monica's to be part of your family.

We also would like to thank the host of dedicated volunteers and donors who make our programs so interesting and successful. We are grateful for our staff who nurture and care for our Community Members. Our lives are enriched with our Community Members sharing their lives and wisdom with us.

We give thanks to God for His blessings and His watchfulness over our community of St. Monica's. We also ask Him to watch and protect our staff, community members and family members.

**We wish all of St. Monica's families and friends a Blessed and Happy Thanksgiving!**



### Join our happenings....



[www.stmonicasseniorliving.com](http://www.stmonicasseniorliving.com)



If you "like" us on our Facebook page, you can be kept up to date on all of our activities.



Tweet with us at [twitter.com/stmonicasracine](https://twitter.com/stmonicasracine)



If you would like the newsletter please call 321-7138 and give us your email address.



**St. Monica's Monitor**

Senior Living  
*You are the heart of our home.*

November 2018 Vol. 44

### Giving Thanks by Loretta Baxter, Administrator



November is the time of year to give thanks and to remember those that have gone before us. Every year the Sisters of St. Rita offer a remembrance service called "All Souls Mass" for those that have passed away at St. Monica's during the year. It is a special time for me to reminisce about the special people that came before us to share their talents, and make St. Monica's and all our lives memorable. This year the mass will be November 2<sup>nd</sup> at 8:30 am in our newly renovated chapel. All are welcome to join this service. We also need to give thanks for the Protestant ministers and Catholic priests that take the time and energy to serve all of us at St. Monica's.

This is a good time to reach out and thank our supportive families and friends that visit, bring us gifts and friendship. We need to give thanks for the caring staff at St. Monica's and the volunteers that bring us entertainment.

Another area to give thanks for is being able to enjoy our life through music and art programs, the ability to read books or listen to books on tape, and enjoy listening to our tablemates.

Gratitude is one of the daily habits that leads to happiness. Learning to be thankful and concentrating on what is a blessing in our lives, can bring an inner peace to us each day.

**Wow Wee, we have a couple of gals who  
have reached a Century mark!!!!**



Pictured to the left is our friend Alice. Alice is an old hand at these milestone birthdays. She will be a 103 years young on the 3<sup>rd</sup> of November. Alice likes to tell a little story about her husband, who was a AAA Cubs baseball player. When Alice

found out she was expecting, she told her husband that he would have to quit baseball and get a real job – they couldn't live on what he made... Oh my, how times have changed. Saturday the 3<sup>rd</sup>, there will be a party for Alice, with cake and music for our entire community and staff to wish Alice a happy birthday. Please, bring only your wishes.



Our next celebrity is Ann, who is a youngster compared to Alice. Ann is joining our select club of Centurian's, she turns 100 on Thanksgiving Day. Ann will be the fourth member of this exclusive

club. Ann can often be found with her son Bobby and her daughter Diane. Ann's family is going to have a private party with Ann on Thanksgiving Day. We can't think of a nicer day to spend celebrating with those who love you.

**We wish you both all of God's Blessings and joyful days.**



Remember, it's flu and cold season. Please, please cover your coughs and sneezes. It is very important to keep washing your hands several times a day, especially before and after each event and meal. Let the nurses know if you don't feel well, and let them know your symptoms too.

Visitors – if you don't feel well, and you need to be in the building, please put on a face mask and sanitize when you enter the building and several times while you're visiting. Thank you.

**Holiday Parade**



We are very excited to announce that St. Monica's will be in the Racine Holiday Parade this year. There are some seats on the van still available, so if you would like to participate in this event, please let Shannon know.

**The Holiday Parade is scheduled for Saturday, November 10<sup>th</sup>, around 5:30.** It usually goes from State Street to Main Street and ends when the big Christmas Tree is lit on Monument Square. We had a great time last year.



**Veterans Day** is being celebrated November 9<sup>th</sup> and we will be honoring our Veterans. In the afternoon we'll have a short information meeting and then a patriotic sing-a-long with Dan Nauman in the party room. We will present our Veterans with boutonnieres. Please join us.

## Welcome to our newest community members!



Patricia Oster, room 4, moved from her home in Mequon to become a member of our community. She has one son who lives nearby and a daughter who lives in Albuquerque, New Mexico. Patricia is Catholic and is happy that she is able to easily attend mass here. She was born in St. Louis and raised in Chicago where she graduated from high school and then took college English classes. During high school and for a few years after she worked as a clerk in the public library, and says that was a job she always loved. Patricia grew up living across the street from the man who was to become her husband. She says when they were kids, he was her brother's best friend and was known to shoo her away when they wanted to play. When she asked him to be her date for the Senior Prom, he accepted, and that's what started it all. During their life together, they traveled extensively throughout the United States and Europe. In 1979, they lived in Ireland where her husband ran a chemical plant. They were there for two years, and she says that was a rough time to be in that country due to the conflicts in Northern Ireland, poverty, and shortages. Patricia is a gifted photographer and has some of her work in her room. She also loved doing design sewing and has one of her finished products decorating her door. Besides all of that, Patricia is a published writer, who wrote articles for newspapers. In her spare time she likes to play cards (anyone play hand and foot?) and bingo and then spends time on her Kindle playing solitaire, reading, or e-mailing friends.

**Welcome to St. Monica's, Patricia!**



## Day Light Savings Time Ends

**This Saturday night, November 3<sup>rd</sup>, is the time to set your clocks and watches back one (1) hour.**

It will be light out earlier in the morning, but our daylight will end around supertime.



## Caring Memories...

Multi-generations of sharing and caring is what we love to see here at St. Monica's.

This cutie pie latched on to a grandma's hand, (not her own) and visited a long time. She was here to visit great-grandma, but was soon sharing her charm with many of our community members. What a delightful visit this was. We love to see children visit St. Monicas. Please, next time you come for a visit consider bringing the little one(s) with you. Children are always a delight to interact with. They bring their own magic to unlock the joyous memories we hold dear.



## Holiday Picture Time

We will be taking holiday pictures on **Thursday, November 1<sup>st</sup>** in the living room. Bring your smiles!



We have had several new community members move in these last couple of months and would like to take this opportunity to give a couple of tips.



Our general store is located next to the front elevator on the lower level. It stocks toiletries, candy, snacks, cards, and clothes too. The store is open from 10:30 to 11:00 during the day.

We are looking for a couple of people who would like to run the store, perhaps in the morning or afternoon. If you are interested, please contact Shannon at 321-7135.



If you enjoy soaking in a spa, we have just the place for you. You can enjoy our spa once a week, at no charge. Simply let the nursing staff know that you would like to, they will work with you to arrange a time and day. A caregiver will be in the spa to assist you.



Need something fixed? Our maintenance staff is here to help, but we ask that you please fill out a request slip in the office. This way they'll know exactly what you need done.

### Caught you caring....



Taylor Firnges was caught giving random acts of kindness to many of our community members. Taylor has worked in our housekeeping department for three months now and says how much she enjoys it at St. Monica's. Taylor says she really loves interacting with our community members and they remind her of her dad, whom she cares for.

In her spare time, Taylor likes to paint and she spends time with her dogs, a Pekinese and Shih Tzu. She also loves to spend time with her dad, her niece and nephew.

**Congratulations to Taylor!!!**

### Open Enrollment for Medicare Part D

Please read this, and if you have questions or concerns talk with your family members.

Open Enrollment for Medicare Part D Prescription Drug Plans is from November 1st to December 7th.

Everyone enrolled in Medicare Part D can change plans during this period without penalty. Coverage will begin on January 1<sup>st</sup> of the following year. This optional coverage is available to everyone with Medicare and can protect against high prescription drug costs.

For more information, check out the following link [http://www.medicare-solutions.org/medicare\\_part\\_d.html](http://www.medicare-solutions.org/medicare_part_d.html)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Anytime Activities</u></p> <p>Dakim Computer Puzzle Making Libraries Internet Music Serenity</p>	<p><u>Daily</u></p> <p>8:30 Mass 9:00 Coffee 10: Game Shows 10:30 Gen. Store 4:00 Rosary 6:00 Cards</p>	 <p style="text-align: center; font-size: 2em; font-family: cursive;">November</p>	<p><b>1 <u>All Saints Day</u></b> 9:00 Nails <b>10:30 Racine Bible dvd Church Service</b> <b>10:30 Holiday Picture Taking</b> <b>1:00 Big \$ Bingo</b> 2:30 Snack Makin' 5:30 Doris Day Film</p>	<p><b>2 <u>All Souls Day</u></b> 9:30 Exercise <b>11:00 Piano/Jana</b> 1:00 Current Events <b>2:00 Happy Hour</b> 3:00 Adoration</p>	<p><b>3</b> <b>9:30 Exercise</b> 10: PAC Class <b>1:30 Alice, 103 young today! Charlie to Serenade her.</b>  4: Fatima Rstry <b>6:00 Movie and snack time</b></p>	
<p><b>4 <u>Day Light Savings Time</u></b> 8:30 Mass <b>10: Beading w/ Shannon</b> 1:00 Baking Club <b>3:00 Kickball</b> <b>7:20 Packers Vs Patriots</b> </p>	<p><b>5</b> <b>9:30 Exercise</b> 10:00 Kirby Visits <b>10:30 Faith share</b> 1:00 Bowling <b>2:15 Time Slips</b> 3:30 Dakim <b>5:30 Domino's</b></p>	<p><b>6</b> <b>9:00 Watercolors</b> 10:30 Reminisce <b>10:30 Rose's Cafe</b> <b>1:00 Bingo</b> <b>2:00 Dr. Pothen</b> 2:30 Myrasize <b>3:00 Bill Performs</b> 5:30 Checkers Club</p>	<p><b>7</b> 9:00 Sheepshead 9:30 Balloon Fun <b>10:30 Play Practice</b> 1:00 Kerplunk <b>1:30 Prayer Shawl</b> 3:30 Trivia Hour <b>6:00 Bingo w/Kathi</b></p>	<p><b>8</b> 9:00 Nails 10:30 Methodist Service <b>1:00 Big \$ Bingo</b> 1: Mending w/Mary 2:30 Sing-a-long 3:30 Trivia Hour 5:30 7 card no Peek</p>	<p><b>9</b> 9:30 Exercise 10:30 Bible Stories <b>11:00 Piano/Jana</b> 1:15 Information Meet <b>2: Dan Nauman Sings patriotic songs &amp; Root Beer Floats</b> </p>	<p><b>10</b> <b>9:30 Exercise</b> 10:00 Library <b>1:00 Jan sings Patsy Cline</b>  <b>Holiday Parade</b> </p>
<p><b>11</b> 8:30 Mass <b>12: Packers vs Dolphins</b>   <b>1:00 SMBTL Bingo</b> <b>2:30 Movie time</b></p>	<p><b>12</b> 9:30 Exercise 9: Council Meeting <b>10:30 Faith Share</b> 1:00 Bowling 2:30 Poetry Hour &amp; Snacks 5:30 Dominos</p>	<p><b>13</b> 9: Christmas Craft 10: Reminisce <b>11:00 Wendy's &amp; Farm &amp; Fleet</b> 12:00 Pet Therapy <b>1:00 Bingo</b> 2:30 Myrasized</p>	<p><b>14</b> <b>9:00 Sheepshead</b> 9:30 Balloon Fun <b>1:00 Birthday Bingo</b> 1:30 Prayer Shawl 3: Bible Study <b>6:00 Family Night Bingo w/Chili \$3</b></p>	<p><b>15</b> <b>9:00 Nails</b> 10:30 Protestant Church <b>1:00 Big \$ Bingo</b> 2:30 Wheel/fortune <b>7:20 Packers Play Hawks</b> </p>	<p><b>16</b> 9:30 Exercise 10:30 Inspiring Stories <b>11:00 Piano/Jana</b> 1:00 Current Events <b>2:00 Thanksgiving Tea Party w/ Leif</b> </p>	<p><b>17</b> <b>9:30 Exercise</b> <b>1:00 Bingo w/ Mary and Bob</b>  <b>6:00 Movie and snack time</b></p>

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>18 Cider Day</b> 8:30 Mass <b>1:00 Piano Recital with Anita's kids</b> 2:30 Movie time with apple cider	<b>19</b> 9:30 Exercise <b>10:00 Kirby visits</b> 10:30 Faith share <b>1:00 Bowling</b> 2: Thankful stories with Miss Jessie. <b>3:30 Coloring w/ Josie</b>	<b>20</b> 9:00 Nails <b>9:30 Movie Outing</b> <b>10:30 Reminisce</b> 12:00 Pet Therapy <b>1:00 Bingo</b> 2:30 Myrasized <b>3:00 Fudge makin'</b> 5:30 Uno	<b>21</b> 9:00 Sheepshead <b>9:30 Balloon Fun</b> 10:30 Thankful for... <b>1:30 Prayer Shawl</b> 2:00 Thankful Songs with Charlie/Piano <b>6:00 Bingo w/Kathi</b>	<b>22 8:30 Mass</b> <b>Happy Thanksgiving</b>  Look who is 100 years young today. Congrats Ann	<b>23</b> 9:30 Exercise 10:30 Chicken Soup Stories <b>11:00 Piano/Jana</b> 1:00 Current Events 2:00 Home for the Holidays Film/Popcorn	<b>24</b> <b>9:30 Exercise</b> 10:00 Library <b>1:00 Jan sings Patsy Cline</b>  <b>6:00 Movie and snack time</b>
<b>25</b> 8:30 Mass <b>1: Dog Show</b> <b>2:45 Guess that Word</b> <b>7:20 Packers vs Vikings</b> 	<b>26</b> <b>9: Target Shopping</b> 9:30 Exercise <b>10:30 Faith Share</b> 1:00 Putting <b>2:00 Baking Club</b> 3:30 Dakim w/ Nicki	<b>27</b> 9:00 Painting Club 10:30 Reminisce <b>11:00 Decking the Halls!!!</b> <b>1:00 Bingo</b> <b>2:30 Salvation Army</b>	<b>28</b> <b>9:00 Sheepshead</b> 9:30 Balloon Fun <b>10:30 Dice Games</b> 1:00 Movie time <b>1:30 Prayer Shawl</b> <b>6:00 Bingo w/Kathi</b>	<b>29</b> 9:00 Nails <b>10:0 Protestant Church</b> <b>1:00 Big \$ Bingo</b> 2:30 Sing-a-long w/ Santa 3:30 Dakim w/ Pat	<b>30</b> 9:30 Exercise 10:30 Bible Stories <b>11:00 Piano/Jana</b> 1:00 Current Events <b>2:00 Crazy Kenny DJ show &amp; Happy Hour</b> 6:00 Perry Como Bio	

## NOVEMBER BIRTHDAYS

### RESIDENTS

Alice Adamson 11/4 (103)  
 Gottlieb Schafer 11/7  
 Jean Ketarkus 11/16  
 Kathleen DeVeau 11/20  
 Frank Knoll 11/20  
 Ann Letsch 11/22 (100)  
 Rae Sypolt-Homer 11/25



### STAFF

Mary Haggins 11/3  
 Sheri Parkinson 11/4  
 Jeanette Herndon 11/5  
 Yvonne Blair 11/9  
 Alexis Mandujano 11/12  
 Andrianna Allen-Smith 11/15  
 Jasmine Malone 11/16  
 Shana Wooden 11/20  
 Elexis Ramon 11/20  
 Josiah Smith-Morris 11/22  
 Deonbre Evans 11/29

Nov. Birthstone is Topaz  
 Nov. Flower is Chrysanthemum

## RELIGIOUS SERVICES

Catholic –

Mass @ 8:30 every morning.

Rosary @ 4:00 every afternoon.

Racine Bible DVD Church Service

10:30 1<sup>st</sup> Thursday of the month

Lutheran Service @ 10:30 3<sup>rd</sup> and 5<sup>th</sup>

Thursdays of the month.

Methodist Service @ 10:30 2<sup>nd</sup> and 4<sup>th</sup>

Thursdays of Month

