

Join our happenings....



www.stmonicasseniorliving.com



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St. Monica's Classic Car Show

Mark your calendars for Wednesday, Sept. 5th, from noon until 4pm.

This event is promising to be a great one. We've pulled out all the stops and have a DJ, Ken Stenzel, kick starting this party. Hot dogs, raffle prizes and photo opportunities with the Andy Griffith patrol car. WOW!

Cars will be on the South Side of St. Monica's for inspection and display. Gosh, we are anxious to see these classic cars and motorcycles.

Music and hot dogs will also be on the South Side of the building. If you would like to register your car, please contact Shannon at 321-7135 for information. This event is free and open to the public. **Remember, Wednesday, Sept. 5th.**

(In case of rain, no car show, but still entertainment!)



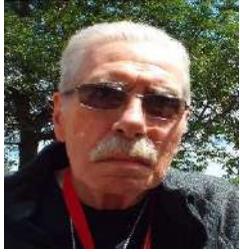
Fore!

It's time again for our annual golf outing and dinner fundraiser. We had such a great time last year, and as a result of our community's generosity, we have patio furniture for our new courtyard. This year's goal is to raise money toward a state-of-the-art Medical Response System for our Assisted Living Side. Our golf theme this year is Superheros, so wear your best outfit. The entrance fee includes a lunch and dinner plus games and snacks. If you get a hole-in-one, we have 2 great prizes, either an Indian Scout motorcycle or a \$5000 gift certificate to Rasmussen's. There are also great games and prizes to enjoy.

Mark your calendar for **Thursday, September 20th**. It will be a fun-filled day. If you don't want to golf and wish to attend dinner only, you can certainly do that. We love to see family members pair up and enjoy this event.

Please register by calling 639-5050 and ask for Dana. Registration forms and posters are available in the main office and on our website. www.stmonicasseniorliving.com

St. Monica's Welcomes Don Squires!



Donald Squires, room 29, has come to join our community from his own home. Don is a lifelong resident of Racine, except for a few years spent in Tucson following his retirement. He has two sons, Daniel who lives in Racine, and Jon who lives in Appleton.

Don graduated from Lutheran High School and shortly thereafter started employment at S.C. Johnson in the engineering department. He left there to go to Carthage College where he earned degrees in business administration and civil engineering. After college, he worked for Bain Nelson Construction until his retirement in 2006. Don has always enjoyed reading and had a very large collection of books, including historical works about the lives of the presidents, and western fiction (he also likes John Wayne movies!). He enjoys going to classic car shows and used to spend his spare time with his H O model train layouts.

Don was also an outdoorsman who would go hunting for deer, turkeys and ducks. Don became involved in Boy Scouts as a scout leader when his sons were in scouting. This involvement lasted for 54 years. During that time, he was the Wood Badge Director and served on the Boy Scout Board of Directors. Don has a dog, a Havanese named McGee, who comes to visit him here on a regular basis. McGee looks forward to the visits and likes the attention he gets from everyone here.

Welcome to St. Monica's, Don, and McGee as well!



You love books?

At St. Monica's we have any size, shape, or topic. But if you enjoy reading and are having difficulties, we have several options for you.

- **The Outreach program** is sponsored by the Racine Public Library. They bring in large print books once a month. These books are made available for "check out," let Shannon know and she can accommodate you.
- **Home Bound** is a Racine Public Library program where you can pick what types of books you enjoy. They will make every endeavor to choose books in that genre. They deliver your books in a bag monthly.
- **Books on Tape** – You can choose from a catalogue of books, and the state will send you a machine that you can use to listen to your book selection.

If you are interested in any of these programs or need assistance with anything, please let Shannon know.



Caring Memories...

Sometimes it's hard to know how to help someone who can no longer do daily tasks that we take for granted. Here is an example of a caregiver taking the time to make sure this community member had a good meal. She showed compassion and let him keep his dignity. This is exactly the exceptional care we promote at St. Monicas.

St. Monica's Welcomes Patti Poulsen!



The Memory Care is happy to announce their new RN Manager, Patti Poulsen. Patti comes to us with over 10 years of experience in geriatric nursing. She also has a strong background in unit management and leadership.

Patti is married to Dave and has 3 young children. She also has many pets, including a dog Erv, who is excited to make visits to our community. In her free time, Patti can be found at the soccer field, either coaching her oldest son's soccer team or cheering on her other children. She enjoys spending time with her family and taking part in many of the activities, Racine has to offer.

Take a few minutes, stop in and say "hi" to Patti!



Sock Hop at St. Monica's

You know it's back to school time when we pull out our poodle skirts and our old 45's. We like to have some fun with root beer floats and our favorite music. So put on your saddle shoes and bobby socks and make your way to our party room.

Family and friends are always welcome to come and join you. We have great musicians who will play our favorite songs while we dance and sing along. Mark your calendars for Friday, September 14th at 2:30pm.

IT WAS A FAMILY AFFAIR!

Family, Food, & Fun were the three main ingredients for this year's family picnic. What a turn out!

It was another record-breaking year due to the number of large families who came to participate. We love that we are part of your family. It was so heartwarming to witness the love and joy that abounded at this gathering. We are blessed to have such a strong, loving community here at St. Monica's.



Approximately 340 visitors flowed through the building and under the tent. The weather was perfect. The air was flavored with the smell of grilled, mouthwatering brats, hotdogs, and hamburgers. Delicious summer salads and ice cream rounded out the menu.



We had a balloon man extraordinaire and exotic face painting too. Elvis (Mike Bishop) took us by storm and thrilled the ladies.

A special thank you to our staff members, volunteers, and helpers who made this event such a grand success.

If you would like to volunteer at St. Monica's please contact Joan at 321-7138. It's a wonderful feeling to engage with our population while having a great time.



We brought home medals!

What a great gang we had at this year's Senior Olympics sponsored by the Kiwanis Club. Congratulations to all our Community Members. We would also like to compliment all the participants for their enthusiasm in representing St. Monica's. We know it took a lot of time and practice.

We had a lot of fun. Carol packed us a good lunch, and there was free popcorn and drinks.

Many thanks to the host of volunteers who made this annual event possible.

Caught you Caring



Mariah Bostick is a caregiver who was complimented by a community member's daughter for the extra time and care she took of her mother. We love to hear that! Mariah says she is passionate about her work because she loves taking care of others and meeting each and every need.

In her spare time, Mariah enjoys taking care of her daughter, walking on the beach and having "nature" time.

Congratulations to Mariah!!!



A Message from the Nurses

Here are some helpful hints when you have a medical appointment.

- ⊙ Let the nurses know when your appointment is scheduled.
- ⊙ Let the nurses know if you change or cancel an appointment.
- ⊙ Please pick up paperwork from the nurses before you leave.
- ⊙ If you get a prescription, give it to the nurses, they'll get it filled, even on the weekends. (Not applicable for people who get their own medications.)
- ⊙ If you manage your own medication, state regulations require us to have a copy and the dosage you take. Please let us know, we can make a copy if you have it written down.
- ⊙ Please return any paperwork you receive from your medical appointment to the nurses office.
- ⊙ Please remember to sign out and sign back in.
- ⊙ If you are going out of the building, check with the nurses and they will be happy to get your medications ready for you. Calling ahead may help the timeliness of this process.
- ⊙ For your convenience lab tests can be scheduled on Wednesday's if your doctor gives the okay. We need a notice of 48 hours prior to the blood draw to get the doctor's order to draw the blood here.

Please ask us if you have any questions about your care or if there is something you don't understand. Thanks for letting us be part of your healthcare team!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Daily</u></p> <p>8:30 Mass 9:00 Coffee 10: Game Shows 4:00 Rosary 6:00 Cards</p>	<p><u>Anytime Activities</u></p> <p>Dakim Computer Puzzle Making Libraries Internet Music Serenity</p>		<p><i>Super September</i></p>			<p>1 8:30 Mass 9:30 Exercise 10:30 Card Games 1:00 Snack Makin' 4: Fatima Rosary 6:00 Movie Night</p>
<p>2 8:30 Mass 9:30 Café Visiting 10:30 7 card no peek 1:00 Guess that word 3:00 Bowling w/ John</p>	<p>3 Labor Day 9:30 Exercise 10: Kirby visits 10:30 Dice Games 1:00 Bowling 2:30 Movie & Fresh Popcorn 5:30 Domino's w/ Rojean</p>	<p>4 9:00 Painting Club 10:30 Reminisce 11:00 Charcoal Grill 1:00 Bingo 2:30 Myrasized 3:15 Snack Makin' 5:30 Uno Card Games</p>	<p>5 9:00 Sheepshead 9:30 Balloon Fun 9:30 Herbie the movie 12:00 Classic Car Show  1:30 Prayer Shawl 6:00 Bingo w/Kathi</p>	<p>6 9:00 Nails 10:00 News & coffee 10:30 Protestant Church 1:00 Big Bucks Bingo 2:00 Sing-a-long 5:30 Trivia Night</p>	<p>7 9:30 Exercise 10:30 Inspiring Stories 11:00 Jana/Piano 1:00 Current Events 2:00 Happy Hour 3:00 Adoration</p>	<p>8 9:30 Exercise 10:30 Outdoor time w/ Cindy 1:30 Jan Performs Patsy Cline 2:30 Outdoors 6:00 Movie & a snack</p>
<p>9 8:30 Mass 10:30 Coloring with Josie 2:00 Charlie Performs 7:20 Packers vs. Bears </p>	<p>10 9:30 Exercise 10:30 Grocery Game 1:00 Bowling 2:00 Wheel of Fortune 3:00 Penny Ante 3:30 Sing-a-long 5:30 Trivia w/ Shirley</p>	<p>11 9:00 Painting Club 10:30 Reminisce 10:30 Movie Outing 1:00 Bingo 2:00 Dr. Pothen 2:30 Salvation Army 3:30 Door County Documentary 5:30 Checkers Club</p>	<p>12 9:00 Sheepshead 9:30 Balloon Fun 10:30 Beading 1:30 Prayer Shawl 2:30 Popcorn Pass 3:30 Yahtzee 6:00 Bingo w/ Kathi</p>	<p>13 9:00 Nails 10:30 Methodist Service 1:00 Bingo 1:00 Mending w/Mary 2:00 Sing-a-long 3:30 Walking Club 5:30 Yahtzee Play</p>	<p>14 9:30 Exercise 10:00 Sparks 10:30 Inspiring Stories 11: Jana/Piano 1: Sing w/LaVerne 2:30 Sock Hop Party </p>	<p>15 9:30 Exercise 11:00 Library 1:00 Bingo with Bob & Mary 2:30 Walking Club 6:00 Movie & a snack</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 8:30 Mass 10:30 Knock Out 12:00 Packers vs Vikings  1:00 Root Beer floats	17 9:30 Exercise 9:30 Res. Meeting 10:30 Community Meeting 1:30 Card Making 2:30 Stories w/Jessie 4:00 Durango's Date Night	18 9:00 Painting 9:00 Wal-Mart Shopping 10:30 Reminisce 1:00 Bingo 2:30 Bill Performs 3:30 Outdoors 5:30 Roll for it w/Ann	19 9:00 Sheepshead 9:30 Balloon Fun 1:00 Beading Craft 1:30 Prayer Shawl 2:30 Accordion music w/ Kathy 6:00 Bingo w/Kathi	20 Flu Shots Today 9:00 Nails 10:30 Protestant Church 11:00 Golf Outing  1:00 Bingo 3:00 Bible Study 3:15 Walking club	21 9:30 Exercise 10:30 Up lifting Stories 11: Jana/Piano 1:00 Current Events 2:00 Charlie Plays the piano 3:30 Outdoors	22 9:30 Exercise 10:30 Trivia Hour 1:00 Shut Box 2:30 Wheel of Fortune w/Cindy 6:00 Movie & snack
23 8:30 Mass 12:00 Packers vs Redskins  2:30 Folk Dancers/Music 30 8:30 Mass 12:00 Packers vs Buffalo Bills 	24 9:30 Exercise 10: Kirby visits 10:30 Bean Bag Toss 1:00 Putting 2:30 Stories w/Jessie 4:00 Walk about 5:30 Domino's w/Rojean	25 <i>Happy 100 Ed!!!</i> 9:00 Craft Club 10:30 Faith Share 11:00 Kewpies Lunch 1:00 Bingo 2:00 Dr. Pothen 2:30 Myrasized 3:15 Outdoors 5:30 Time Slips	26 9:00 Sheepshead 9:00 Casino Outing 9:30 Balloon Fun 10:30 Game Time 1:30 Prayer Shawl 2:30 Kathy/Accordion 6:00 Bingo w/Kathi	27 9:00 Nails 10:30 Methodist Service 10:30 Outdoor Fun 1:00 Birthday Bingo 3:30 Walking Club 5:30 Kick ball w/ John	28 9:30 Exercise 10:30 Bible Stories 11: Jana/Piano 1:00 Current Events 2:30 Mark performs & Happy Hour	29 9:30 Exercise 10:30 Mexican Train 1:00 Time Slips 2:30 Horse Racing 5:30 Perry Como Show



SEPTEMBER BIRTHDAYS

RESIDENTS

Sandra Koleske 9/2
 Elizabeth Monroe 9/11
 Chuck Porcaro 9/13
 Bob Zold 9/16
 Helen Larsen 9/25
 Ed Muzenski 9/25 (100 years young!)
 Jeff Domer 9/27

STAFF

Donna Broom 9/5
 Jusenia Veguilla 9/6
 Natalia Iruegas 9/13
 La'Sadiez West 9/19
 Margarita Castro 9/24
 Aaliyah Barber 9/26
 Joan Windis 9/26
 Sarah Schroeder 9/29

Religious Services

Catholic –

Mass @ 8:30 every morning.
Rosary @ 4:00 every afternoon.



Lutheran Service @ 10:30 1st, 3rd and 5th
 Thursdays of the month.

Methodist Service @ 10:30 2nd and 4th
 Thursdays of Month